

Hi boys and girls

I hope you all had a nice weekend. Well done for all your participation during our Creative Schools Project, it was fantastic to see all your wonderful work being shared on Seesaw. It was great to see you lots of you at our Zoom call on Friday. You are definitely getting taller!

Active HOME Week begins today! To celebrate this and to encourage lots of fun activity and exercise, I will be assigning less book work and giving a week off Léigh sa Bhaile, Starlight and spellings, as instead, I would love to see more of your energy and activity on Seesaw! Again, upload as many active responses as you like!

There will be an assembly to launch Active HOME Week tomorrow at 12:00 am if you would like to join in.

So, what is happening for Active HOME Week? Normally, Active SCHOOL Week takes places in school. This year that isn't possible so we are encouraging you to take part in the Active HOME Week challenge, starting on June 15th.

### **About the Challenge**

Some of you might be bored at times! The aim of this initiative is to motivate you to keep active at home by trying out NEW activities, taking on CHALLENGES and having FUN with family activities. To complete the challenge you have to find four different ways of being active every day, making sure that this adds up to 60 minutes, or more, of physical activity. If you don't reach 60 minutes don't worry just try to fit in any sort of activity. All members of the family are encouraged, together, to take on the challenge.

Some of us need new ideas to keep active! To help with this we have created an Active Home Week Padlet which you can access here:

Active Home Week Padlet LINK: <https://padlet.com/shaunagriffin27/a9htnk3sdmn3tc8q>



It is made up of some of the excellent ideas, resources and challenges currently being shared by local and national agencies. Many of these ideas can be viewed while completing the action. There's something to suit all ages, abilities and interests, including indoor and outdoor options.

Take a look at the Challenge chart that I sent to you too. We'd love to see some completed challenge charts to find out about the activities and challenges that you enjoyed the most. You can send videos or pictures of you trying out the activities and don't forget to upload your completed Challenge Chart at the end of the week. (see attachment)

I am looking forward to seeing all the classes activity and energy on Seesaw! Have a great week!

Muireann

**Suggested Table of Work - 4<sup>th</sup> Class - 150620-190620**

|                                    | <b>MONDAY</b>   | <b>TUESDAY</b>  | <b>WEDNESDAY</b>  | <b>THURSDAY</b>  | <b>FRIDAY</b>  |
|------------------------------------|---|---|---|--|--|
| <b>Date:</b>                       | 15/06/20  | 16/06/20  | 17/06/20  | 18/06/20   | 19/06/20   |
| <b>Maths - Weight page 153-158</b> | <p>See list of suggested activities below or/and Page 153 Busy at Maths</p> <p>Click on this link to access online tutorial</p> <p><a href="http://data.cifallon.ie/resources/20691/BAM4_Tutorial_101/lessons/BAM4_Tutorial_101/index.html">http://data.cifallon.ie/resources/20691/BAM4_Tutorial_101/lessons/BAM4_Tutorial_101/index.html</a></p> <p>See today's Seesaw activity</p> | <p>See list of suggested activities below or/and Page 154 Busy at Maths</p> <p>See today's Seesaw activity</p> <p>Click on this link to access online tutorial</p> <p><a href="http://data.cifallon.ie/resources/20691/BAM4_Tutorial_102/lessons/BAM4_Tutorial_102/index.html">http://data.cifallon.ie/resources/20691/BAM4_Tutorial_102/lessons/BAM4_Tutorial_102/index.html</a></p> | <p>See list of suggested activities below or/and Page 155 Busy at Maths</p> <p>Click on this link to access online tutorial</p> <p><a href="http://data.cifallon.ie/resources/20691/BAM4_Tutorial_103/lessons/BAM4_Tutorial_103/index.html">http://data.cifallon.ie/resources/20691/BAM4_Tutorial_103/lessons/BAM4_Tutorial_103/index.html</a></p> <p>See today's Seesaw activity</p> | <p>See list of suggested activities below or/and Page 156 Busy at Maths</p> <p>See today's Seesaw activity</p> | <p>See list of suggested activities below or/and Page 157 Busy at Maths</p> <p>See today's Seesaw activity</p> |
| <b>Maths - New Wave Maths</b>      | Monday and Problem solving section from this week.  | Tuesday and Problem from problem solving  | Wednesday and Problem from problem solving section from this week   | Thursday and Problem from problem solving section from this week   | Friday Review  |

|  |  |  |  |  |  |
|--|--|--|--|--|--|
|  |  | section from this week   |  |  |  |
| English - New Wave English - Continue with next week | Monday questions 1-15  | Tuesday questions 1-15   | Wednesday questions 1-15   | Thursday 1-15  |  |
| Bua Na Cainte<br>Ag Siopadóireacht                   | Ag Siopadóireacht Ceacht 1 page 173<br>Bí ag Léamh<br>Or online - Ag Siopadóireacht Aonad 1 Ceacht 1 - Cómhra 1.1.   | Ag Siopadóireacht Freagair na Ceisteanna (answer the questions)<br>Page 173 or online - Ag Siopadóireacht Aonad 1 Ceacht 1 - Cómhra 1.2  | Can an t-amhrán (sing the song)- Rachaimid ag Siopadóireacht Page 175 - Listen online - Aonad 1, Ceacht 1, Amhrán agus Dánta   | Bí ag Léamh - Ag Siopadóireacht sa Siopa Ceoil page 179<br><br>Record yourself reading the story and share on Seesaw   |  |
| Other  | Choose any of the creative activities from the Active Home Week Padlet and share on Seesaw!<br><br><a href="https://padlet.com/shaunagriffin27/a9htnk3sdmn3tc8q">https://padlet.com/shaunagriffin27/a9htnk3sdmn3tc8q</a> | Choose any of the creative activities from the Active Home Week Padlet and share on Seesaw!<br><br><a href="https://padlet.com/shaunagriffin27/a9htnk3sdmn3tc8q">https://padlet.com/shaunagriffin27/a9htnk3sdmn3tc8q</a> | Choose any of the creative activities from the Active Home Week Padlet and share on Seesaw!<br><br><a href="https://padlet.com/shaunagriffin27/a9htnk3sdmn3tc8q">https://padlet.com/shaunagriffin27/a9htnk3sdmn3tc8q</a> | Choose any of the creative activities from the Active Home Week Padlet and share on Seesaw!<br><br><a href="https://padlet.com/shaunagriffin27/a9htnk3sdmn3tc8q">https://padlet.com/shaunagriffin27/a9htnk3sdmn3tc8q</a> | Choose any of the creative activities from the Active Home Week Padlet and share on Seesaw!<br><br><a href="https://padlet.com/shaunagriffin27/a9htnk3sdmn3tc8q">https://padlet.com/shaunagriffin27/a9htnk3sdmn3tc8q</a> |

## SUGGESTED MATHS ACTIVITIES - 15/06/20-19/06/20 - Weight

This we will be learning about weight. Your child will need to know the language associated with weight: kilogrammes, grammes, scales, heaviest, lightest, heavier, lighter, fraction, decimals, unit, tenth, hundredth.

### ACTIVITY 1

#### The kilogramme

Find some 1kg packages in the kitchen, e.g. sugar, rice, fruit, potatoes, flour, butter, pasta. Show them to your child. Discuss the sizes of the different packages and explain that while each of them weighs 1kg, the size may differ greatly depending on the material. For example, 1kg of cotton wool would take up a lot more space than 1kg of pebbles.

Extension: Find a range of items from around the home, garden or local area that are lighter and heavier than 1kg.

### ACTIVITY 2

**Kitchen scales** Source a traditional kitchen scales, if possible. Help your child to explore and understand the markings on the scales. Ask questions such as:

- What is the heaviest weight that is marked on this scales?
- How many grammes are in 1kg?
- How many grammes are in  $\frac{1}{2}$ kg?
- How many grammes must I add to  $\frac{3}{4}$ kg in order to make 1kg?

**Extension 1:** Using the kitchen scales, encourage your child to weigh a selection of household objects, e.g. an orange, eight strawberries, a book, a cup, a pot, four bananas, three apples, a stapler, a box of cereal. Encourage your child to estimate the weight of each object before placing it on the scales.

**Extension 2:** Ask your child to determine the difference in grammes between his/her estimate and the actual weight, using the scales.

### **ACTIVITY 3**

**Baking Together** with your child, follow a simple recipe to bake an item of your choice e.g. healthy banana muffins, bread, a cake, gingerbread. Encourage your child to measure out the ingredients needed using a traditional kitchen scales or a digital scales.

### **ACTIVITY 4**

**Packing a suitcase** Some households may have a spring scales for weighting suitcases. Encourage your child to use the spring scales to weigh a variety of objects, e.g. a coat, schoolbag, small or large suitcase, dress, bucket, handbag.

**Extension:** Challenge your child to pack a suitcase with toys or clothes where there is a maximum weight of 5kg, 7kg, 10kg allowed by an airline. It will take trial and error to complete this task, but s/he will get lots of good practice using a spring balance.

**Téamaí**

- Mé Féin
- An Scoil
- Bia
- Caitheamh Aimsire
- An Aimsir
- Éadaí
- Sa Bhalé
- An Teilifís
- Siopadóireacht**
- Ócáidí Speisialta

**Siopadóireacht**

Aonad 1

- Ceacht 1**
- Ceacht 2
- Ceacht 3
- Ceacht 4

Aonad 2

- Ceacht 1
- Ceacht 2
- Ceacht 3
- Ceacht 4

Scéal, Biongó, Measúnú, Amhráin agus Dánta, Acmhainní

**Aonad 1**

**Siopadóireacht**

Ceacht 1

- Comhrá 1.1
- Comhrá 1.2